

5-Day Midterm Evaluation for ESC Volunteers

Type of event: Residential evaluation and reflection programme with digital tools for pre- and post-engagement

Target group: European Solidarity Corps (ESC) volunteers

Short description of the training:

The midterm evaluation offers ESC volunteers a dedicated space to reflect on their service experience so far, celebrate achievements, address challenges, and plan the next steps in their personal and professional growth. Through pre-event self-reflection, interactive activities during the training, and post-event prompts, participants deepen their awareness, strengthen peer connections, and identify sustainable practices to carry forward. The programme emphasises storytelling, visual mapping, and mutual appreciation as tools for learning and motivation.

Framework (structure)

Before the training

- **Padlet check-in form:** Volunteers reflect on successes, struggles, and moments of growth so far.
- **Photo scavenger hunt:** Share 3 symbolic pictures from your ESC journey (option to post anonymously or with your name).

During the training

1. **Online collective timeline:** Participants visually map their service journey, noting key highs and lows.
2. **Mini digital gratitude wall (Padlet):** Space for leaving short notes of appreciation for other participants.

After the training

- **Audio postcards:** Record a short message to your future self or to your sending organisation.
- **Follow-up email prompts:** Sent 1 month and 3 months after the training with the question: "What have you kept doing since the training?"

